



24<sup>th</sup> ANNUAL COACH'S CLINIC  
 PRESENTED BY: TIM O'DONOGHUE'S ORANGE COUNTY BASEBALL CAMP  
 ALL SESSIONS ARE FREE!!!

**COST:** FREE!!!! All speakers, coaches and demonstrators donate their time!

**DATES:** Wednesday, January 4th Columbus Tustin Middle School-Multi-Purpose Room  
 Thursday, January 5th Columbus Tustin Middle School Multi-Purpose Room  
 Wednesday, January 11th Columbus Tustin Middle School-Multi-Purpose Room  
 Wednesday, January 18th Columbus Tustin Gym

**TIME:** 6:30 – 9:00 pm

**LOCATION:** Listed above for each individual date. Addresses and directions are as follows:

**Columbus Tustin Middle School – Multi-Purpose Room**  
 17952 Beneta Way, Tustin, CA 92780  
 From the 55 Fwy: Exit on 17<sup>th</sup> Street toward Tustin, right on Prospect, left on Beneta Way

Clinic Director: **Tim O'Donoghue**: Owner/Director of The Orange County Baseball Camp High School, Principal, Former Tustin High School Head Baseball Coach, CIF Coach of the Year 37 years of experience coaching youth baseball (Little League, Pony League, and Senior League)

**Instructors:**

- Greg Jennings**: Former High School Baseball Coach and over 25 years experience as youth baseball coach
- Kevin Lavalley**: Beckman High School Head Varsity Coach
- Dick Phillips**: Former High School Baseball Coach and Youth Baseball Coach
- Dr. Tim Franks**: Sports Doctor
- Charles Chatman**: Head Baseball Coach – Tustin High School
- Chris Esperanza**: Former High School Head Coach/Youth Coach
- Chris Price**: Foothill High School Assistant Coach
- Chris Barnett**: Youth Coach – Former LMU Catcher

Wednesday, Jan. 4 CT Multi-Purpose Room	Thursday, Jan. 5th CT Multi-Purpose Room	Wednesday, Jan. 11th CT Multi-Purpose Room	Wednesday, Jan. 18th CT Gym
General Session	General Session	General Session	General Session
Course Overview	Throwing Mechanics	Hitting and Bunting	Injury prevention
Role of the Coach	Infield Play	Catcher skills and drills	Warmup skills ad drills
4 Keys to Successful Baseball	Pitching Fundamentals	<b>*Special T-Ball and Coach Pitch Session</b>	Ten baseball skill stations that will address areas of hitting, infield play, base running, sliding.
Hitting Mechanics			
Bunting			
Practice Organization			

**For further information or questions: Tim O'Donoghue (714) 552-0430 or [todonoghue@tustin.k12.ca.us](mailto:todonoghue@tustin.k12.ca.us)**