

# 26th ANNUAL COACH'S CLINIC

PRESENTED BY: THE ORANGE COUNTY BASEBALL CAMP

**COST: FREE!!!! All speakers, coaches and demonstrators donate their time!**

**DATES:** Tuesday, January 9 Columbus Tustin Middle School-Multi-Purpose Room  
 Wednesday, January 10 Columbus Tustin City Gym  
 Tuesday, January 16 Columbus Tustin Middle School-Multi-Purpose Room  
 Wednesday, January 17 Columbus Tustin City Gym

**TIME:** 6:30 – 9:00 pm

**LOCATION:** Listed above for each individual date. Addresses and directions are as follows:

**Columbus Tustin Middle School – Multi-Purpose Room**

17952 Beneta Way, Tustin, CA 92780

From the 55 Fwy: Exit on 17<sup>th</sup> Street toward Tustin, right on Prospect, left on Beneta Way

Clinic Director: **Tim O'Donoghue**: Owner/Director of The Orange County Baseball Camp High School, Principal, Former Tustin High School Head Baseball Coach, CIF Coach of the Year 40 years of experience coaching youth baseball (Little League, Pony League, and Senior League)

**Instructors:**

**Greg Jennings**: Former High School Baseball Coach and youth coach  
**Kevin Lavalle**: Head Baseball Coach—Beckman High School  
**Dr. Steve Kelly**: Asst. Coach—Foothill High School  
**Erasmio Ramirez**: Segerstrom High School Head Varsity Coach/former major league pitcher  
**Dr. Tim Franks**: Sports Doctor  
**Charles Chatman**: Head Baseball Coach – Tustin High School  
**Chris Esperanza**: Asst. Coach-- El Modena High School./Youth Coach  
**Dick Phillips**: Long time youth coach

Tuesday, Jan. 9 CT Multi-Purpose Room	Wednesday, Jan. 10 CT City Gym	Tuesday, Jan. 16 CT Multi-Purpose Room	Wednesday, Jan. 17 CT City Gym
General Session	General Session	General Session	General Session
Course Overview	Hitting skills/drills	Coach's Panel	Injury prevention
Role of the Coach	Bunting	Practice organization	Practice structure
4 Keys to Successful Baseball	Improving foot speed and agility	Coaching with Conviction	Throwing mechanics
Infield play/drills	Base running	Hitting skills/drills	Warmup drills/skills
Pitching mechanics	Sliding	<b>*SEPERATE TEE BALL AND COACH PITCH SESSION</b>	Correcting common pitching mistakes
		Working with the beginning pitcher	1 <sup>st</sup> /3 <sup>rd</sup> defense, bunt defense, fly ball priority system, rundowns

**For further information or questions: Tim O'Donoghue (714) 552-0430 or [todonoghue@tustin.k12.ca.us](mailto:todonoghue@tustin.k12.ca.us)**